



Visiting Nurse Association & Blue Water Hospice

Preferred Provider Since 1952

2795 Edison Drive
Marysville, MI 48040
(810) 984-4131
VNABWH.org

COPING WITH A LOSS *Grief support groups for all stages*

VNA & Blue Water Hospice offer support groups to help those dealing with the loss of a loved one. You do not have to go through the grieving process alone. It is important to understand that what you are going through is normal, everyone copes at their own pace, and you will learn to deal with the loss. Let our experts help you through this process.

NEW BEGINNINGS: A GRIEF & LOSS SUPPORT GROUP

This group is for adults who have experienced the loss of a loved one. New Beginnings is facilitated by a Licensed Master Social Worker specializing in grief. The group meets the 1st Tuesday from 1 - 2:30 p.m. at the Blue Water Hospice Home, 2795 Edison Drive in Marysville. Group size is limited. Register by calling Cindy at (810) 388-6123.



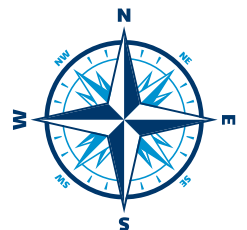
WINGS – WIDOWS/WIDOWERS IN NEED OF GRIEF SUPPORT

On the grounds of the Blue Water Hospice Home, we regularly have geese wandering providing a peaceful view for our patients. As geese mate for life and grieve deeply when they lose their mate, we believe this was the perfect symbol for our grief support group. WINGS is for those who are grieving the loss of a spouse/significant other. WINGS meets at local restaurants the 2nd Tuesday of each month at 11:45 a.m.



COMPASS – A SUPPORT GROUP FOR MEN

This group is a supportive environment where men can connect with others navigating similar losses. Sharing stories, memories, and feelings can be incredibly healing and this group provides a space for men to do just that. Join us for fellowship and a Dutch treat lunch the 3rd Tuesday of each month at 12 p.m. (noon) at Bob Evans Restaurant – 2190 Water St., Port Huron. For more information call our Chaplain, Nate Tucker at (810) 292-4179.



Support Groups partially funded by St. Clair County Senior Citizens Millage.

**For more information on any of these grief support groups,
contact our Bereavement Coordinator Cindy at (810) 388-6123.**