

EARLY BIRD BY APRIL 7th  
 YOUTH (UNDER 13)  
 REGULAR (APRIL 8-MAY 19)  
 YOUTH (UNDER 13)  
 LATE (MAY 20 AND LATER)  
 YOUTH (UNDER 13)  
 1 MILE FUN RUN

\$25.00  
 \$20.00  
 \$30.00  
 \$25.00  
 \$40.00  
 \$30.00  
 \$15.00

SHIRT NOT GUARANTEED WITH LATE REGISTRATION

PLEDGES INCLUDED \_\_\_\_\_  
 TOTAL ENCLOSED \_\_\_\_\_  
 T-SHIRT SIZE (check one) YOUTH SIZE (check one)  
 S  M  L  XL  XXL  S  M  L  XL

In consideration of accepting this entry form, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims for damage I may have against this event, the sponsors of this event, its agents, representatives, successors, and assigns of any and all injuries suffered by me at said run, or which may arise out of traveling to, participating in and returning from this event.

Signature (or signature of guardian if under 18)



E-MAIL ADDRESS \_\_\_\_\_  
**SIGN UP FOR:**  1 MILE FUN RUN  5K RUN  
 3 MILE WALK  10K RUN  
**SEX:**  MALE  FEMALE

**AGE ON RACE DAY:** \_\_\_\_\_  
 NO ONE UNDER 9 MAY PARTICIPATE IN THE 10K

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
 TELEPHONE \_\_\_\_\_

NON-PROFIT ORGANIZATION  
 U.S. POSTAGE  
**PAID**  
 PORT HURON, MI 48060  
 PERMIT NO. 989

Visiting Nurse Association  
 & Blue Water Hospice  
 3403 Lapeer Rd • Suite B101  
 Port Huron • Michigan 48060



## 2024 River Run Race Details

The **START** and **FINISH** of the race are located at **Marysville City Park**, 801 East Huron Boulevard, Marysville, MI 48040.

### **DIRECTIONS:**

Take I-94 to Marysville/Gratiot Road Exit and turn East on Huron Boulevard. Follow Huron Boulevard for 1 mile to Marysville City Park. Use the Huron Boulevard entrance.

### **START TIME**

The Fun Run will start PROMPTLY AT 7:45AM, the 5K & 10K will start PROMPTLY AT 8:15AM, and the 3-Mile Fun Walk will start PROMPTLY AT 8:20AM.

### **RACE RULES**

- No one under 9 years of age will be allowed to run in the 10K.
- No pets are allowed on the race course.
- Jogging strollers are allowed on the race course, but must start behind all other participants.
- We will be unable to delay the start of the race for late entries.

### **RACE DAY REGISTRATION**

Race day registration is \$40 and will be available between 6:30 AM and 7:30AM. Race day registration will end promptly at 7:30 AM.

### **RACE RESULTS**

Race results will be posted online at: [vnabwh.org](http://vnabwh.org) & [runsignup.com](http://runsignup.com)

## PRE-REGISTRATION

1-MILE FUN RUN: \$15

EARLY BIRD (BY APRIL 7<sup>th</sup>)

Adult: \$25 (under 13-\$20)

REGULAR (APRIL 8-MAY 19) Adult:

\$30 (under 13-\$25)

LATE (MAY 20<sup>th</sup> AND LATER)

Adult: \$40 (under 13-\$30)

(Shirt not guaranteed with late registration)

## **PAYMENT**

### **PAY ONLINE**

Online registration available at [www.runsignup.com](http://www.runsignup.com).

### **PAY BY MAIL**

Please include your completed registration form and entry fee. Please make check payable to VNA & BWH, mail to:

Visiting Nurse Association &  
Blue Water Hospice  
3403 Lapeer Road, Suite B101  
Port Huron, MI 48060

### **PAY BY PHONE**

Registration and entry fees are accepted over the phone. We accept Visa, MasterCard and Discover. Please contact the billing department by phone at 810.984.4131.

## PLEDGES

All participants have the option to have their registration fee waived by collecting \$75 or more in pledges. If you would like to collect pledges, please contact Jeannie at 810-388-6054 to request a pledge sheet.

## RACE PACKET PICK-UP

Pre-registered participants can pick up their race information packets on Friday May 31, 2024 between 10:00 AM and 4:00 PM at VNA & BWH, located at 3403 Lapeer Road, Suite B101 Port Huron, MI 48060, phone 810.984.4131. Pre-registered participants may also pick up their race information packets on race day between 6:30 AM and 7:30 AM. Race packets must be picked up in order to participate in the event.

**AWARDS** are given by age groups for the first, second, and third place male and female finishers of the 5K and 10K races in the following groups:

**5K RUN:** 8 & Under, 9-13, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

**10K RUN:** 9-13, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

**OVERALL WINNERS:** Awards will be given to the male and female first place finishers (best overall time) in the 5K and 10K run.

**MASTERS WINNERS:** Awards will be given to the male and female first place finishers (best overall time, age 40 & above) in the 5K and 10K

### **CONTACT INFORMATION**

If you have any questions or would like more information about the 2024 VNA & BWH River Run, please visit our website at [www.vnabwh.org](http://www.vnabwh.org). Also, you can contact our office at 810.984.4131 or email at [jeannie.westbrook@vnabwh.org](mailto:jeannie.westbrook@vnabwh.org)